











Walk to Health 2015 Sponsors

Week 8 - Success Stories!

We would love to hear your success stories and share them with other participants. Send us an email with a photo of you, your family, or walking buddies. In 2014 we had numerous achievements:

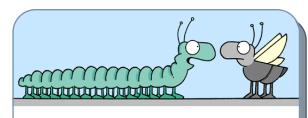


Success Stories

- Top Individual Results: Lori Beard lost 25 pounds and 19.5 inches. Adrianna Hagan walked 13,470 minutes!
- Top Team Results: Beard/Roesener (Imperial) had most weight & inches lost. ADH Photography walked an average of 8,815 minutes!
- Send us your story for 2015!







"I tried all the fitness fads, but my doctor was right all along—walking is still the best exercise."